

# R E A D ' S

## TRUE and FAITHFUL EXPERIMENTS,

ovingly communicated for the good of his Country men, being a Catalogue of thote Medicaments he sold off his Stages during the time of his Eighteen Years travelling in England, Scotland, Ireland, and many Foreign Kingdoms to the great benefit of many poor Indigent People:

*Nihil absque Deo.*

To the R E A D E R S,

*Gentlemen,*

Having had a very considerable Practice amongst you for several Years, and had your Praise and God's Blessing with my undertakings have got a considerable Estate in this World, and now leaving off my publick Practice, have left these Receipts, which (with God's Blessing) I hope will prove effectual for your good of the Poor, and retain the same Reputation I have got by my Manual Operations: And I must acquaint you that there are some Quacks that

go abroad to Fairs and Markets on Horseback which were never bred to that Practice, but were Tumblers, Rope-Dancers, and Jack-Puddings, several of which have been my Servants, and now do pretend to counterfeit these my Medicaments, which were never prepared by any, except my Master, Dr. Ponteos, Dr. Winter, Dr. Harvey, and my self: Therefore in this small Book you may see how the Country is cheated by bad Medicines, and the true Sons of Art lessened through the means of such ignorant Intruders which may very easily be discovered; for they make up some false Compositions, and sell a number of them on their Stages for a price, which I am sure, were they rightly prepared, they would lie them in a great deal more. I thought fit to give you this caution, that as they cheat you out of your Money they may not cheat you out of your Lives and Health, which to preserve hath always been the study and care of

Your most humble Servant,

WILLIAM READ.

1. *How to make my Brown Balsom of Paracelsus for Cuts and Green Wounds, Bruises, Contusions or Aches.*

**T**AKE half a Pint of Sallet Oil, or Linseed Oil, half a Pound of yellow Rosin, 3 Ounces of Bees Wax, 1 Ounce of Barril Pitch; melt all these together, then put to it 2 Ounces of Fresh



3

Fresh Butter, take it off the Fire, and stir to it 1 Ounce of liquid Storax, 1 Ounce of the Oil of Amber, half an Ounce of the Oil of Mace, then put the mixture into a Pot, and this is the true Balsom that was made by Dr. Pontede:

2. *How to make the Green Ointment for Burns or Salds.*

Take a quarter of a pint of Sallet Oil, half pound of Fresh Butter, a quarter of a pound of Rosin, a handful of Plantan Leaves, a handful of Housleek, and a handful of Cabbage Leaves, boil all these together half a quarter of an hour, then strain it through a Linnen Cloath and put them into the Skellet again, and put to it 2 Ounces of Bees Wax, cut into small pieces, and having ready 2 Drams of Verdugrease dissolved in 3 Spoonfulls of sweet Sallet Oil, and put it in the Composition be coole before you put in the Verdugrease, lest your Ointment be Brown and not Green, and this is the true Ointment that I sell.

3. *How to make my Vermi Victor or Worm vanquishing Powder, which if it be thus prepared is the only Remedy in the World.*

Take Hore-hound, Red Sage, Tormentile, Corianderseed, burnt Harts-horn, Salt of Wormwood, Salt of Scurvy-grass, and Coraline, of each half an Ounce finely pulverised; mix all these together, and use it as my Bill directeth, which is, That you must give as much as will lie on a Sixpence to a Child, and twice the quantity to a Man or Woman: Let them take it in a morning fasting, and fast an hour after it.

4. *How*

4. *How to make the Brown Plaster.*

Take Burgundy Pitch, Rosin, Gum Ammoniac, Gum Elemi and Bees Wax, Mastick, and Sanguis Draconis, of each 2 Ounces, Sallet Oil 2 or 3 Spoonfuls, and 1 Ounce of Barrel Pitch; put these in a Skillet upon the fire, melt them together, and stir them well: When you see them all melted, dip in a Linnen Cloth, so long and so broad as you would have the Plaster to be; or instead of Cloth you may take good Cap Paper, and this is the true Plaster that I use for any Weakness or Pain in the Back, the Sciatica, Gout, or pain in any part of the Body, or for Ruptures or Broken Bellies.

5. *How to make the Saphalick Purge for the Brain or Powder for the Head.*

Take Rosemary, Sage, Betony, Angellica Root, Juniper Berries, Bay Berries, Curcuma Root, Virginia Tobacco, Benjamin, White-Hellebor, Elicampane and Amber, of each 2 Grains, beat them all to fine Powder, and this is the Powder I tell you for all great pains in the Head, with many other Distempers, by snuffing the quantity of a Barly Corn up the Nose at night going to bed.

6. *How to make my familiar and mighty Cathartick, Diuretick, Purgine Pill.*

Take Rosin of Jalop, Rosin of Scamone, Extract of Turbith, Extract of Agarick, Extract of Rhubarb, the Cordial Powder of Deahurden, Mercur: Dule: of each 1 Dram, dry them all very well; and beat them very fine to Powder; take 8 Drams of Colloquint, beaten to fine Powder



der, and 2 Drams of Diagradium; mix all them well together, and make them up into a body with Gum Tragagant dissolved in Spirit of Wine: When you are making it up into a Mash, mix it with a Dram of Oil of Cloves; and when you have brought the Mash to a hard substance, you may take it into Pills, the bigness of mine; if you would have them covered over with Sugar, you must send them to a Sugar-bakers: but I will assure you they are as good without. If I should nominate every particular person that hath found benefit by this Pill, a whole Quire of Paper would not contain it. For it hath done good to Thousands for most Distempers incident to the body of Man or Woman: Let Children from 2 years of age to 8 take one; from 8 to 16 let them take two; and give three to Men or Women, let them take them before Supper, eat a light Supper after them; they will work about 10 or 12 hours after. At the same time you may Work or Play, go abroad in the heat of Summer, or cold of Winter.

7. *How to make my Oleum Benedictum for Convulsion Fits, Falling Sickness, Stone or Gravel, or any unsavory Breath, Small-Pox, Measles, Cough or Consumption.*

Take Oil of Amber, Oil of Juniper Berries, Oil of Aniseeds, Oil of Nutmegs, and Oil of Mandrake of each a Dram, half a Dram of Oil of Cinnamon, 4 Drams of the Oil of Turpentine, Jews Pitch or Mummy, and let that dissolve in the Oil of Turpentine, then mix them altogether, and let the party grieved with any  
of

6  
of the forementioned Distempers take as many  
drops as they are Years of Age, in a Glafs of  
White Wine Mornig and Evening: It is likewise  
and infallible Remedy for those that are trou-  
bled with Agues, by taking half a Spoonful in  
a good Large Glafs of Mull'd Sack an hour be-  
fore the Fit comes, and sweat upon it two  
hours in Bed.

8. *How to make a Powder for Sore Eyes.*

Take Tartar Vitriol, Salt of Saturn of each  
6 Grains, Orris Powder 18 Grains, White Al-  
lom 6 Grains, Cushmanilla 10 Grains, Lapis Scal-  
lamonaris, Sacrum Saturna of each 4 Grains,  
beat all these together, and put them into a  
pint of Running or Spring-Water.

9. *How to make the Antidote Powder, called the  
true Orvieton of Rome. a Cordial.*

Take Angelica root, Serpent root, Contrierva  
root, Galanga root, Dictamnus root, Aristo-  
clohia root, Gentian root, Arris root, Meum  
root, Calamus root, Zedoary root, Acorus  
root, Agarick Ginger root of each one Dram,  
Perat terum 4 Drams, 2 Drams of Trochisk,  
Flesh of Vipers, Red Roses, Dictamnus leaves,  
Marubium leaves, Saffron of each 40 Grains,  
Anniseeds, Parsley seeds, Fennel seeds, Carra-  
way seeds, Cummin seeds, Daise seeds, Cisi-  
lias seeds, Cubeb, Cardamum of each 30 Grains,  
Cloves, Cinnamon, Gaskins Powder, Nutmeg,  
White Pepper, Coriander of each 40 Grains,  
Leminan Earth, Storax, Calamit, Juniper Ber-  
ries, Elicampane of each a Dram, Curcuma  
root 3 Drams, Sagapenie, Opopanax of each a  
Dram; beat all these fine to Powder, and  
this

7  
this is the true Orvieton Powder, and mix  
it with pure fine Honey, and it makes the  
true Roman Orvieton.

All those that buy a Pacquet off the Stage  
have printed Bills telling them both the Ver-  
tues and Use of these Medicines.

Countrymen, further to oblige you, being  
my last Farewel, I will here give a true Re-  
ceipt of my Antiscorbutick Diet Drink, being  
the usefullest thing in this Age for the Scur-  
vy, Dropfie or Jaundies, being used every  
Spring and Fall.

Take Hartstongue, Brooklime; Scabious,  
Red Dock roots, Parsley roots, Dwarf Elder,  
Tops of Green Broom, White Briony roots  
of each 6 Ounces, with 4 Ounces of Lique-  
ras, Sarsafra, Sarsaparella, Rhuburb, and the  
four greater cooling seeds, take Casia in the  
Cane half a Pound, China 4 Ounces; let these  
be all sliced and bruised together by your A-  
pothecary, and boiled in five gallons of fine  
middling Ale until one gallon be wasted,  
then when it is four days Old let the Pati-  
ent drink a pint, or as much as their Stomach  
can bear every Morning, and at three a clock  
in the Afternoon, every Spring and Fall.

*Whilst some do scribble, others Stories tell;  
The true Physitian's known by doing well.*

Experientia docet.

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3  
The end of the world